

Leenane Mountain Walking Festival

Programme of events 28th April - 30th April 2017

Online registration at www.leenanevillage.com advance booking essential

We gratefully acknowledge the assistance of the local landowners without whom this festival would not be possible & the locals who will be accompanying the groups onto the hills. NO DOGS

Walk A: Strenuous high level

Walk B: Medium/Hard high level

Walk C: Low level

*Walk times are subject to change

Friday 28th April - Leenane Hotel

8pm Follow in the footsteps of Miko Keane

In this unique opportunity Miko will discuss recent trips to Island Peak in Nepal & Denali in Alaska with pictures & accounts of his experiences. His stories & wit is absorbing & will connect with mountaineers, adventurers & locals from all facets' of life. **There will also be a showing of the award winning video " When Cropfields Cry" made by Leenane National School.**

Saturday 29^h April

8:00 Check in opens at Leenane Community Centre

9:00 A 12 Bens:

A great day's walking in prospect, our walk will take in 3 of the 12 Ben's and will include the highest peak in the range Binn Bhán at 729m. The walk begins in Gleninagh and winds it's way up the valley to the col at Maumina before ascending the scree slopes to Binn Bhán. From there the walk proceeds through Binn Fhaoigh and onwards to Binn Bhreac before our final descent to the farm at Kylemore.

Approximately 6-7 hours

Height Gain 1050m

Distance 14km

10:00 B Central Maamturks:

Starting from the Inagh Valley we start out by following the river that flows from the tiny lough's on the Southern Flanks of Barrlugrevagh. From spot height 558 we turn South East through points 541 and 499 before the ascent of Knocknahillion. At 606m the views in every direction are fantastic. We begin our descent to the hanging lake Lough Mám Ochoige before exiting out the valley floor. A 3k roadwalk takes us to Lough Inagh

Approximately 5+ hours

Height Gain 700m

Distance 12km

10:45 C Low Level Walk: Killary Harbour Famine track.

Beginning in Rosroe this 7k walk along the famine road that was built by the starving Irish peasants during the Great Famine of 1845 – 1849. *The walk passes through the now deserted village of Foher where the ruins of several houses can be seen.* suitable for all. The track can be wet and boggy in places.

Approximately 4 hours

Height Gain 50m

Distance 8k

4-5pm Finish walks and arrive down to tea/coffee/scones in local businesses.

8.30pm **Table Quiz** in aid of local Creche.. All welcome. Only €20 a table.

Sunday 30th April

8:00 Check in opens at Leenane Community Centre

Start Times

9:00 **A Mweelrea:**

Mweelrea is the highest mountain in Connaught with dramatic sea, island & upland views on every side. This festival walk will set out from the southern end of Doolough (north of Bald's Bridge in the Delphi Valley), follows the airy cliff-edge to Ben Bury & then on to the 814m high summit before dropping steeply down to the Killary shore for transport back to Leenane by Rib & bus.

Approximately 7 hours

Height Gain 1100m

Distance 15k

10:00 **B Ben Gorm**

The walk starts on the Southern slopes of the mountain where we begin our trek to the summit. At 700m the views over Killary Fiord and the offshore Islands are fabulous. We descend to a bog track in the Doolough Valley and make our way back to our starting point.

Approximately 5 hours

Height gain 700m

Distance 11k

10:45 **C Low level: Connemara National Park.**

Guided walk in Connemara National Park. Details to follow

11.45 **Archaeology Fieldtrip** with Micheal Gibbons. Exploring the 6000 year Archaeology & History of Kylemore Valley in the heart of the Connemara Highlands.

Hike to a 5800 year old megalithic tomb ago & the site of a lost early church site & Holy well. And later on to a long abandoned and rarely visited Marconi Telegraph station built at a time Connemara was at the cutting edge of modern research. A 2 stop fieldtrip

Low Level/ Moderate

4-5pm Finish walks and arrive down to tea/coffee/scones in local businesses.

Eve 10pm Ceili in Leenane hotel

Cost of weekend: €35 for 1 day or €65 for 2 days (Sat & Sun) 10% Discount for groups of 10 or more – must all be booked ONLINE at the same time. This discount ONLY applies to online purchases.

We cannot guarantee that you will get the walk you want unless you book online before 5pm on April 23rd.

Price includes qualified guides & local guides from the area, transport to/from each walk, maps, tea/coffee etc. participants must come well prepared with suitable footwear & waterproofs. See www.leenanevillage.com Price does not include accommodation or packed lunches

Please email mwf@leenanevillage.com with any questions or call Martin on 087 6737075. Online booking at www.leenanevillage.com